Membership Exam Procedure

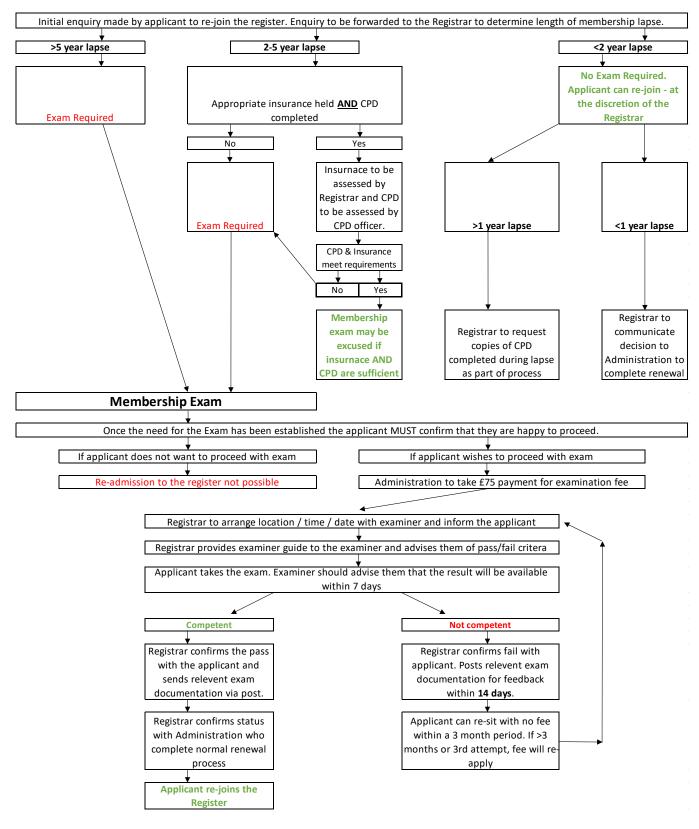


Applicant Guide June 2018



The British Association of Sport Rehabilitators and Trainers

BASRaT Membership Exam Process





Membership Exam Content

Overall assessment will last for 2 ½ hours. The PASS mark overall is 70% BUT must include a 70% pass mark for the practical element.

Written Examination (2 hours)

Multiple Choice Questions x50 (50%)

The multiple choice questions will be based around the following nine areas:

- Anatomy/planes of movement
- Therapeutic Modalities
- Fitness
- Healing process
- Immediate care
- Massage
- Musculoskeletal assessment
- Note taking
- Pathology

Long Answer Question x1 (20%)

You will answer one from a choice of two questions, based around the functional rehabilitation programme for a given condition/scenario.

Practical Examination (30 minutes) (30%)

The examination will be based on a full injury assessment of a client, based on the SOAP format (subjective, objective, analysis and plan). This will include the use of note taking.

This examination can be failed on any element of safety

Practical Exam – further guidance

30 minute practical exam (including questions) with the following present:

- Examiner x1
- Applicant
- Digital Camera if available (quality assurance)

Applicant to assess unseen condition. Examiner acts as the client or if possible utilises exam model.

Applicant to write own notes in SOAP format (blank A4 paper, provided)

Please see marking guidance on next page with room for own revision notes BUT exam can be failed on any safety element (not asking and recording contraindications/informed consent)

You are encouraged to verbalise your thoughts throughout to indicate your reasoning and also so that the examiner can communicate the relevant information i.e. posture, gait, swelling, bruising.

Questioning regarding reasoning of Analysis & Plan to be left until the end (see marking guide)

No immediate feedback will be given (see flow chart on first page)

The examiner will have set 'skills' for each section that are marked off with the exam being marked out of 30. The pass mark is 70% (21/30)



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Subjective History	
Style of questioning	
 Background information 	
 Relevant questions 	
 Special questions 	
 Non-verbal communication 	
Objective	
Observations	
 Appropriate testing 	
Clinical anatomy	
Handling	
Clinical Reasoning	
Analysis	
Clinical findings	
 Clinical reasoning 	
<u>Plan</u>	
 Aims / Goals (short & long term) 	
Clinical reasoning	
Professionalism & Safe Practice	
Appearance	
Communication	
Safety	
Note taking	
SOAP format	
Accuracy	
Appropriate recording of consent	
Signatures	

Payment and Contact information

Full payment of £75 must be received by the BASRaT Administration office before the exam can take place. Payment should be made by card, PayPal or Cheque and can be arranged by contacting Administration.

Telephone: 0161 295 0070

Email: administration@basrat.org

For any further information regarding the membership exam process please contact:

Oliver Coburn - BASRaT Registrar

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Frederick Road

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