



Fitness to Practise

A guide to the BASRaT Fitness to Practise process for Accredited Institutions (AIs)

October 2019

1. Introduction

As a Graduate or Allied Health Professional member (registrant) of The British Association of Sport Rehabilitators and Trainers (BASRaT) individuals are entitled to refer to themselves as Graduate Sport Rehabilitators (GSRs). All registrants are required to meet and maintain the BASRaT standards of education, skill and conduct as stated in the BASRaT Standards of Ethical Conduct and Behaviour (SECB) and Role Delineation documents (RD). Please refer to the BASRaT website, www.basrat.org

This guide is to help BASRaT accredited institutions (AIs) ensure consistency in regards to monitoring students in relation to BASRaT professional standards as stated above. The primary concern should be the safety of the student and those under their care and relates to applications to enter a programme of study, behaviour whilst on the programme as well as a student's capability for safe and effective practise without supervision at the point of graduation.

All BASRaT AIs should have processes in place to monitor and investigate concerns that may be raised with regards to a student's fitness to practise before being eligible to register with the organisation.

2. What is fitness to practise?

A student is considered 'fit to practise' if they possess the appropriate skills, knowledge, health and character to practise safely and effectively without supervision at the point of graduation. In addition, this also includes acts and/or behaviour which may affect:

- Protection of the public,
- Public confidence in the profession and the regulatory process.

3. When might an individual's fitness to practise be impaired?

BASRaT uses the term impairment to mean any circumstance which impacts or may impact upon the ability and capability of a student to undertake safe and effective practice. Impairment can take many forms including transitory or permanent circumstances. BASRaT considers possible circumstances for impairment of fitness to practise on an individual basis. For example, impairment is likely if an individual:

- Conduct that falls below the BASRaT standards of education, skill and conduct as stated in the BASRaT Standards of Ethical Conduct and Behaviour (SECB) and Role Delineation documents (RD).
- Has been dishonest, been convicted of fraud or theft or abused someone's trust.
- Has covered up mistakes or impeded some form of investigation.
- Were involved in sexual misconduct (including child pornography).
- Has a substance abuse or misuse issue.
- Has exploited a vulnerable person.
- Failed to respect a client's rights.
- Has been violent or exhibited threatening behaviour.
- Had an inappropriate relationship with a client.
- Has a health problem which is not appropriately managed and which impacts on their ability to practise safely and effectively.

In the case of the above examples it would be more appropriate for the concern to be investigated via a formal process (see fitness to practice process, section 11).

4. Health related to fitness to practise

It is important to note that an individual's health and/or disability should be considered in direct relation to their ability to practise safely and effectively without supervision at the point of graduation. This means that BASRaT does not require information regarding someone's health and/or disability unless it affects their ability to practise safely and effectively without supervision at the point of graduation.

If the particular condition is stable and managed appropriately then this should not affect a student's ability to practise safely and effectively without supervision at the point of graduation. Being able to manage a condition appropriately also includes adapting, limiting and stopping practise if required.

5. Character related to fitness to practise

It is important to note that a student's 'good character' should be considered in direct relation to their ability to practise safely and effectively without supervision at the point of graduation. Consideration should be given to current and past actions which may suggest that a student is not of 'good character'.

'Good character' should be considered in relation to whether the student has acted, or are likely to act in the future:

- In a way that puts the health, safety and well-being of clients or members of the public at risk.
- In a way that would reduce public confidence in the profession.
- In a way that shows an unwillingness to conduct one's self in accordance with BASRaT professional standards (SECB, RD).
- In a dishonest way.

Non-exhaustive examples when a student may not be deemed of 'good character' include:

- Inconsistent, unreliable and inappropriate behaviour.
- Improper relationship with client.
- Aggressive or threatening behaviour.
- Unlawful discrimination on the grounds of age, gender, race, ethnic origin, disability, sexual orientation, religion and belief, socio-economic background.

- Criminal conviction/cautions (consideration will be given if the offence involves):
 - Violence.
 - Abuse.
 - Sexual misconduct.
 - Illegal supply of drugs.
 - Child pornography.
 - Dishonesty (theft or fraud).

Applicants must also disclose any criminal convictions or cautions at the point of initial registration, and upon renewal each year. Registration with BASRaT is not exempt from the Rehabilitation of Offenders Act 1974, therefore, we only ask applicants to disclose convictions which are not yet spent under the Rehabilitation of Offenders Act 1974. The declaration of a caution or conviction will be considered via the process outlined in this document.

Conduct that would bring the profession into disrepute or damage the credibility of the profession. Examples would include: Dishonesty (theft or fraud), trustworthiness (non-disclosure or criminal conviction or health/disability issue which may impair safe and effective practise without supervision), abuse (child, physical, sexual, racial, emotional) and substance abuse or misuse problem.

- Consideration should be given to:
 - The number and nature of offences or events.
 - The seriousness of the offences or events.
 - When and where the offences or events took place.
 - Any information given by the individual to explain the circumstances.
 - An individual's character and conduct since such offences or events.

6. Disclosure

BASRaT recommend that AIs promote a positive, inclusive environment which actively encourages students to disclose any issue regarding their health and/or character as outlined above. This applies to a student on application to a programme, during a programme and upon graduation.

Students should be reminded that it is their responsibility to notify the AI if it is felt that any issue(s) may impact on their ability to practise safely and effectively without supervision at the point of graduation.

7. Reasonable Adjustments

BASRaT recommend that AIs consider potential reasonable adjustments for a student as soon as possible during and/or on application for a programme. This process should be conducted using consultation with relevant expert support services within the institution i.e. disability services, occupational health departments. The concern when considering reasonable adjustments should be whether the student is capable of safe and effective practise without supervision at the point of graduation.

BASRaT also recommend that academic staff work with AI expert support services when designing and delivering curriculum including placement provision.

8. Assessment of fitness to practise

All cases regarding fitness to practise should be assessed on an individual basis (health and character) and should be considered in relation to the individual's ability to practise safely and effectively without supervision at the point of graduation.

If a student is not able to meet the BASRaT professional standards, safely and effectively without supervision with reasonable adjustments, then the case must be managed openly with the individual. This applies to a student on application to a programme, during a programme and upon graduation.

In such a case additional support from careers and other student support services should be sought.

9. Reporting of fitness to practise issues/concerns

Any issues/concerns can be brought to the attention of BASRaT in a number of ways:

- Declaration by Accredited Institution (AI)
- Self-declaration at initial registration*
- Self-regulation of active registrant*
- Concern raised by member of the public/employer**
- Information received by BASRaT (this may be from a number of sources including an insurance claim or information reported in the media) regarding an active registrant or applicant to the register. In the

latter case an 'applicant' may refer to a new applicant or an individual who wishes to be re-admitted to the register.

*Please refer to BASRaT Fitness to Practise:Membership Guide.

**Please refer to BASRaT Raising a Concern/FtP- Guide for the public and employers.

Allegations related to fitness to practise would not generally include:

- Poor time keeping (unless this has a direct impact on client care).
- Interpersonal conflicts/disagreements (unless involving bullying/threatening behaviour).
- Sickness absence (unless this involves fraudulent claims and/or lack of appropriate self-management of a condition).

In the case of the above examples and where there is no suggestion of risk to the public, it will most likely be suitable for BASRaT to deal with the concern informally. This may involve the BASRaT Registrar asking an individual raising the concern what would be an ideal resolution, for example a verbal or written apology. This must then be agreed with the registrant concerned. If no agreement can be made then facilitated mediation via the BASRaT Ethics Committee (see fitness to practise process, section 11) will be considered. If a concern is suitable for mediation the individual raising the concern, and the registrant concerned must agree to this course of action. If either party refuses BASRaT will initiate formal procedures (see fitness to practise process, section 11).

Mediation is when a member of the BASRaT Ethics Committee will discuss the problem with the complainant and the registrant concerned separately in order to come to an agreeable resolution. If mediation is not successful then BASRaT will initiate formal procedures (see fitness to practise process, section 11).

10. Regulation of fitness to practise (registration)

BASRaT have a responsibility to monitor the professional standards of its registrants, protect the public and maintain public confidence in the profession.

On initial registration or re-registration with BASRaT an individual will be required to complete a Declaration of Health and Good Character in Relation to Fitness to Practise (DHGC) stating their ability to practise safely and effectively.

If any concerns are disclosed then this will require further investigation by BASRaT.

In addition, confirmation of the individual's ability to practise safely and effectively by the AI will also be required before the individual would be considered for registration with the organisation. Confirmation of Fitness to Practise by the AI will be via direct contact with BASRaT from all AI (see Declaration by Accredited Institution document). This declaration can be signed by the AI Programme Lead or Head of Department. If this document is not completed then this would require further investigation by BASRaT.

BASRaT can also take action if a registrant's health and character raises concerns about their ability to practise safely and effectively.

Self-declaration of concerns related to fitness to practise is based on trust (by the organisation and the individual) and should be seen as a positive action, demonstrating good professional judgement and responsibility as an autonomous health professional. In many cases this gives the organisation the opportunity to help and support an individual and gain a better understanding of the practise of sport rehabilitation.

Individuals should complete the DHGC honestly and if BASRaT later find out that an issue has not been declared then this will be investigated and may affect registration with the organisation. Individuals who are unsure whether any particular aspects/issues should be declared should contact the organisation at the earliest possible opportunity.

Any concerns will be considered on an individual basis in order to best support the individual, reduce the risk of harm to the public and maintain public confidence in the profession.

11. The fitness to practise process

A general overview of the process is given below (figure 1). Any concerns raised will initially be considered by the BASRaT Registrar in conjunction with another member of the BASRaT Executive Committee (stage 1). If it is deemed not to be a fitness to practise issue or not involving a registrant then it is likely that no formal fitness to practise investigation will proceed. Any decision made at stage 1 will be based upon the presence of prima facie evidence in relation to fitness to practise. At stage 1 the Registrar may also proceed with informal communication aimed at facilitating an appropriate resolution. This may involve

mediation between the parties concerned through the BASRaT Ethics Committee (see section 9). The nature of some concerns may result in mediation not being an appropriate route. Examples would include concerns involving sexual assault/abuse.

Any decision made at stage 1 will be confirmed in writing within 5 working days of the decision being made. This decision may include the immediate imposition of an interim order (this may be in the form of interim conditions or suspension) if the allegation is judged to be of such a nature as to involve a risk or potential risk to protection of the public or public confidence in the profession. The interim order would last for a period of up to 28 days allowing time for the concern to be considered by the Investigating Committee (stage 2). Further information regarding decision making can be found in the BASRaT- Interim Order Guide document.

If the practitioner is a BASRaT registrant and the concern is deemed to be related to his/her fitness to practise the Registrar will delegate to an Investigating Committee (stage 2). This committee will comprise of the following:

- Chair, health professional (not active member of BASRaT) selected from a pool of qualified individuals held by BASRaT
- At least one member of the BASRaT executive committee (not the same member involved in stage 1 above)
- One lay executive committee member

The Investigating Committee will gather additional information regarding the concern from relevant sources (individual raising the concern, registrant, any others concerned). Information related to medical details and/or criminal convictions will only be pursued with written consent of the registrant. It must be noted that if an individual declines to give written consent then this will be considered during any decision making process.

The Investigating Committee will independently consider the case presented and make a judgment on whether the case should be considered by a fitness to practise panel based upon the balance of probabilities using the evidence available. Alternatively, if there is no further 'case to answer' then no further action will be taken. The outcome (decision), reasons behind the decision and also relevant contact details of the Investigating Committee will also be confirmed in writing within 5 working days from the decision being made. Please note that at stage 2 the Investigating Committee may also recommend informal communication aimed at facilitating an appropriate resolution. This may involve

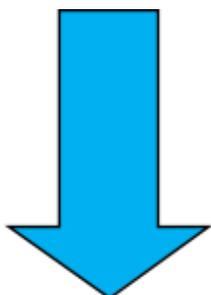
mediation between the parties concerned through the BASRaT Ethics Committee. If mediation is recommended but does not resolve the concern then the case will be referred back to the Investigating Committee.

The Investigating Committee can also consider the imposition of an interim order or the extension of the existing interim order imposed at stage 1 if the concern is judged to be of such a nature as to involve a risk or potential risk to protection of the public or public confidence in the profession. Any interim order would cover the period of time necessary for the concern to be considered by the Fitness to Practise Panel (stage 3) and be for a maximum period of 18 months. Any interim order imposed at stage 2 will be reviewed after six months and every three months following, but, will also be reviewed if new evidence, relevant to the order, becomes available.

If the Investigating Committee decides that there is a 'case to answer' and that an individual's fitness to practise may be impaired then the case will be heard by a Fitness to Practise Panel (stage 3). The Fitness to Practise Panel and its responsibility, process and procedure is described in more detail in the next section (12). The Fitness to Practise process is subject to appeal at stages 1, 2 and 3. More information about the appeals process can be found in section 14.

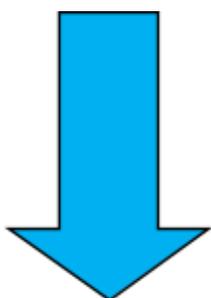
Please note that the BASRaT fitness to practise process will not be discontinued should a registrant choose to leave the organisation.

Figure 1.



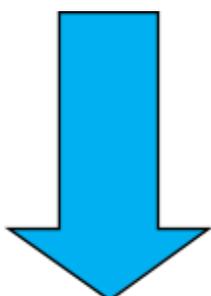
Stage 1

An initial decision as to whether a concern raised should be investigated



Stage 2

An investigation is carried out, and a decision made as to whether the concern should be heard by a Fitness to Practise Panel**



Stage 3

A Fitness to Practise Panel hearing to consider the evidence and determine whether an individual's fitness to practise is impaired and, if so, which sanction (if any) should be applied**

**Fitness to Practise Panel hearings only applies to active or previously registered registrants of the organisation.

12. Fitness to Practise Panel

All parties will be informed, in writing of the date of the panel hearing, at least 30 working days in advance. All parties will also be sent a copy of the information that the panel will look at. All parties will have 10 working days to respond to anything that has not seen before and will also be given the opportunity to supply any further information to be considered by the panel.

Fitness to Practise panels should consist of the following:

- Chair, health professional (not active member of BASRaT) selected from a pool of qualified individuals held by BASRaT.
- One member of the executive committee
- One active BASRaT member (not executive committee member)
- One lay executive committee member

Also in attendance will be a BASRaT administrator to transcribe the panel hearing.

- Members of the Investigating Committee will not be permitted to sit on the Fitness to Practise Panel.
- Executive committee member involved within stage 2 will not be permitted to sit on the Fitness to Practise Panel.

BASRaT cannot provide legal advice, but will provide expenses for travelling to/from a hearing panel. BASRaT will ensure that all parties are treated fairly and with respect, providing reasonable support as required by the specific case (for example, accessibility arrangements, separate waiting rooms during hearing, etc). Please contact the BASRaT administration office if you require any special arrangements.

Fitness to Practise cases are heard by the panel in private with any decision and reasons behind the decision confirmed in writing within 10 working days from the decision being made. A full transcript of the hearing and decisions will be kept by BASRaT whilst an amended version will be made available to the public via the BASRaT website, <http://www.basrat.org/disciplinaryproceedings.asp>. The amended version will not disclose any personal information of individuals raising the concern or other third parties involved with the case, such information will be anonymised. In addition, any information related to the health of the registrant and/or individuals

raising the concern will not be disclosed in the document published on the website.

13. Sanctions made by the Fitness to Practise Panel

The panel will carefully consider the circumstances and evidence for each case. Actions taken by the panel will be to:

- Protect the public.
- Maintain public confidence in the profession and the regulatory process.

Decisions by the panel will be made considering the balance of probabilities using the evidence provided. The following will be considered by the panel:

- Whether the facts set out in the concern are proven;
- Whether those facts amount to the statutory ground set out in the concern (e.g. misconduct or lack of competence)
- Whether (and to what extent) the registrant's fitness to practise is impaired.

Sanctions imposed by the panel may include:

- Taking no further action.
- Cautioning the individual using a note placed upon the registrant's register entry which highlights the area of concern and recommendations for future training/education. This note will remain in place for a given period of time or until further training/education is evidenced.
- Imposing conditions on the individual's practice such as clinical supervision or scope of practise restrictions.
- Suspending the individual from practice for a given period of time (up to one year) or until further training/education is evidenced.
- Striking the individual from the register.

For further information regarding the Fitness to Practise Panel, please refer to BASRaT Fitness to Practise Panel- Sanctions Guidance

In any case the decision and reasons behind the decision will be confirmed in writing within 10 working days from the decision being made. As mentioned in point 11 a full transcript of the hearing and decisions will be kept by BASRaT whilst an amended version will be made available to the public via the BASRaT website, <http://www.basrat.org/disciplinaryproceedings.asp>. The amended

version will not disclose any personal information of individuals raising the concern or other third parties involved with the case, such information will be anonymised. In addition, any information related to the health of the registrant and/or individuals raising the concern will not be disclosed in the document published on the website.

14. Appeals

As outlined previously all individuals concerned will be informed of any decision and reasons behind any decision in writing at each of the stages outlined. Appeals against any decision made at stage 1 must be filed within 10 working days from the written confirmation letter. Any interim order imposed at stage 1 will be reviewed if new evidence, relevant to the order, becomes available. Appeals against any decision made at stage 2 or 3 (i.e. by the Investigating Committee (stage 2) or Fitness to Practise Panel (stage 3) must be filed within 20 working days from the written confirmation letter. Any interim order imposed at stage 2 will be reviewed after six months and every three months following, but, will also be reviewed if new evidence, relevant to the order, becomes available.

At stages 2 and 3 an appeal panel constructed using the same criterion as the Fitness to Practise panel will consider the appeal lodged. Members of the Investigating Committee and the Fitness to Practise panel will not be permitted to sit on the Appeal Panel. The Appeal panel decision and reasons behind the decision will be confirmed in writing within 10 working days from the decision being made. A full transcript of the hearing and decisions will be kept by BASRaT whilst an amended version will be made available to the public via the BASRaT website, <http://www.basrat.org/disciplinaryproceedings.asp>. The amended version will not disclose any personal information of individuals raising the concern or other third parties involved with the case, such information will be anonymised. In addition, any information related to the health of the registrant and/or individuals raising the concern will not be disclosed in the document published on the website.

Declaration of Health and Good Character in Relation to Fitness to Practice

**To be completed by Graduate Registrants and
Allied Health Professional Registrants upon
initial registration and renewal of registration.**

October 2019

In order to monitor and act upon any issues related to your health and conduct associated with fitness to practise upon initial registration or re-registration with the organisation, you are required to complete this declaration of health and good character. For additional information please refer to the BASRaT Fitness to Practise- Membership Guide.

It is YOUR responsibility to inform the organisation about any changes to your health or any other circumstances (criminal convictions or cautions, see below) which you think may affect your ability to practise safely and effectively.

Declaration of a Health Condition

1. I have a known health condition:
 - Yes
 - No
2. If you answered “yes” to the above. Does the condition affect your ability to practice safely and effectively?
 - Yes
 - No
3. Please outline the details of the health condition below, if applicable:

Declaration of a Conviction or Caution

Registration with BASRaT is not exempt from the Rehabilitation of Offenders Act 1974. We only ask applicants to disclose convictions which are not yet spent under the Rehabilitation of Offenders Act 1974. If you are not sure whether your convictions are spent, please contact [Nacro](#) for further advice.

1. Do you have any unspent cautions or convictions?
 - Yes
 - No
2. If you answered “yes” to the above question, please provide details of the caution/conviction(s) below:

Declaration of a Fitness to Practise Concern

1. Have you been found guilty of misconduct or any other Fitness to Practise concern during the course of your education/training?
 Yes
 No
2. Have you been found guilty of misconduct or any other Fitness to Practise concern by another professional or regulatory body?
 Yes
 No
3. Have you been found guilty of misconduct or any other Fitness to Practise concern by an employer?
 Yes
 No
4. Are you, or have you been, suspended from another regulatory or professional body?
 Yes
 No
5. If you have answered “yes” to any of the above, please provide additional details:

Confirmation and Signature

If you have made a disclosure in any section of this form, we will look at the information and decide whether it raises concerns in relation to fitness to practise. Our determination will be made via our Fitness to Practise process which is available to view [here](#).

By signing this declaration you are declaring that you are of sufficient health and character to be capable of safe and effective practice and intend to comply with the Standards of Ethical Conduct and Behaviour/Role Delineation of BASRaT.

Name:

Signature:

Date:

Declaration by Referee

Completion of this section is only required if you are applying via the Individual Membership Application process, Membership Exam or for Allied Health Professional membership

To be completed by a current full member of BASRaT (GSR) or a registered HCPC health professional.

By signing this declaration you are declaring that the person named above is of sufficient health and good character to be capable of safe and effective practice. Further information regarding fitness to practise can be found in our Fitness to Practise guide [here](#).

Name:

Signature:

Occupation:

BASRaT / HCPC Registration number:

Date:

Declaration by Accredited Institution

To be completed by the Programme Lead or Head of Department.

Declaration of Fitness to Practise:

By signing this declaration you are declaring that the students from

**Institution:
Of the cohort graduating in the year:**

(*please attach list with the full name of each student included on this declaration).

Have successfully completed all elements of the BASRaT accredited programme and is deemed of sufficient health and character to be capable of safe and effective practice because;

- No concerns have been raised/investigated regarding their fitness to practise.

Or

- They have been investigated under the Institutional professional misconduct and/or fitness to practise procedures and have been found not guilty.

Students not included in this declaration:

In addition, please declare below the names of any graduating students whom you are not able to include within the above declaration (list below):

Signature

PRINT NAME:

SIGNATURE:

JOB TITLE:

INSTITUTION:

DATE:

