

The British Association of Sport Rehabilitators and Trainers committee meeting

- Apologies: Hollie White (HW)
- In attendance: Richard Moss (RM), Lucy Hammond (LH), Chris Wilcox (CW), Adam Naylor (AN), Colin Johnson (CJ), Allan Munro (AM), Alison Whitaker (AW), Stephen Aspinall (SJA), Jonathan Ashton (JA), Oliver Coburn (OC), John Morgan (JM), Lindsey Woolstencroft (LW)
- Conflicts of interest:

1. Review of minutes (matters arising)

Committee agreed that minutes from the previous meeting are a true and accurate record.

2. Brief Report on Activities:

AN: Busy handling membership emails, no other activity to report.

LH: Lots of student queries from potential students. Statement on student work experience has been circulated. Lucy has university visits arranged for all institutions other than The University of St Marks and St John and Middlesex University.

Action point: SJA to contact William Hulse at LFC Graybrook with regards to student being insured on work placement.

RM: Completed accreditation of UWE, Hull and Bolton, we have had an approach from Bournemouth and Derby for programme accreditation. Teesside University want accreditation for their programme, liaison between RM and Teesside means paperwork is moving forward. Bedford University are also finalising an application.

JA/OC: Symposium sales moving along steadily, student tickets to be released in students loan week to boost numbers. Still looking for more exhibitors. Accounts for the year have been submitted. Increase in the number of membership applications (both student and graduate). Still working with Tim on the development of the online renewal system, hoping to use student joining window as a chance to test.

AW: Bug fixes for the new website have been completed. Planning for new newsletter format is underway. Took part in a video with the PSA for the promotion of Sport Rehabilitation, this will be distributed by the PSA.

AM: CPD audit is complete.

CJ: Rise in the number of Individual Membership Applications. Fitness to Practice (FtP) and Complaints procedures have been updated. Continuing with recommendations from Capsticks. Need to put a framework together for FtP hearings as recommended by Capsticks. They have also recommended that FtP hearings should be held in public, not private. There also needs to be independent

transcribers rather than BASRaT administration. Need to amend the current Membership Exam documentation to clarify re-taking exam following completing recommendations.

LW: Working with AW on re-structuring newsletter

CW: Has been leasing with ethics committee.

3. Treasurer Role

Workload of finances has grown. The need for somebody to fill a treasurer role has become apparent. This person would need roughly one day per week and would need to be based in the BASRaT office.

AP: Review the status of financial role at the next meeting

4. Reducing committee members

Decisions need to be made regarding committee positions becoming paid roles. Communications and Public Relations are an area which in particular require time and skill. More time is needed to complete design and communication work. The committee are agreed that a role will be advertised for a PR and Communications manager. This will be a paid role for one day per week.

AP: AW to produce a job description and person specification for the communications role

CJ feels that more than half a day is needed for the re-writing of documentation. CW will look into the possibility of taking on a half-day role to assist CJ, CW will be bought out for half a day by BASRaT.

5. Podcast Update

Initial take of podcast was filmed, at the editing stage the podcast fell through. An alternative podcast guest has been found to complete the recording of the podcast. The final edit of the podcast is nearly complete and is due to be released in the coming days.

6. PSA Renewal

Each member of the committee is to complete his or her allocated tasks. SJA has set a deadline of 30th September to complete all tasks.

7. BJSM

The link to the BJSM journal is now live on the membership section of the website and available for members to access. The link is not available to Student members who should have access through their institution. The web page, although live is still under construction. The design elements of the page will be amended over the coming weeks.

9. FA insurance update

The announcement will need to be made soon with regards to extended insurance being needed for GSR's to work in professional football. This will apply to the top two leagues in English Football.

10. Contacting Premier League and Football League re: Changes to regulation

BASRaT will send through a proposal to the premier league and football league to include GSR's on the list of approved professionals to work as the lead clinician at each club.

11. New lay committee member

The committee are in the process of appointing a new lay committee member. There are two potential candidates at the moment. The committee will aim to fill the role within the next 4 weeks.

12. Student Executive

Each institution will appoint 1 student executive who will liaise with the committee, this will be a second year student.

AP: LH to contact programme leads with regards to generating interest and applications from students

13. ICIS Training

All institutions (other than Middlesex) are on board with being trained in ICIS. Each individual will need to have either the level 2 or 3 qualification and have completed the second day of the course to become an instructor.

The venue and dates for training staff are yet to be confirmed. The cost of the course is £250 per staff member plus the cost of the venue and catering.

14. Inclusion of shockwave therapy on block insurance policy

Shockwave therapy will be included on the block policy at no extra cost but registrants will need to provide a certificate to show that they have completed formal training.

AP: Admin and SJA will confirm this with LFC Graybrook

The question has also been raised from a registrant regarding the use of automated spinal mobilisation. The committee has concluded as long as the contraindications of Manual Therapy have been evaluated that the use of these techniques would be permitted.

17. MOD Update

Had initially wanted to include Sports Therapy as a listed profession for the Exercise Rehabilitation Instructor roles. SJA has been liaising and assisting the MoD with regards to mapping educational standards.

19. Symposium and AGM update

Sales moving along nicely, final confirmations for speakers are coming in slowly. There are still exhibition stands available for those wishing to showcase products and services. Tickets are selling well, there will be a boost in sales when Student tickets are released in the first week of October.

20. Executive Officer Recruitment

Executive committee are to inform HW if they wish to step down from their committee role. There are roles due for re-election at the AGM. These are to be confirmed.

21. Any Other Business

A Conference dinner is to be organised for the Friday evening after the conference. A likely venue is the Hilton Hotel on Deansgate.

22. Date for the next committee meeting

Committee agreed that a meeting is to be held on the Thursday evening before the conference. 19th November 2015. Venue to be confirmed.