

# Exam candidate handbook

British Association of  
Sport Rehabilitators

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# Preface

The BASRaT registration examination is designed to ensure that all registrants who are present on the BASRaT professional register have achieved a threshold standard of knowledge expected of a Graduate Sport Rehabilitator.

While the completion of an accredited higher education programme of study affords applicants the opportunity to assimilate and apply the knowledge and skills required by BASRaT in the Educational Framework, the registration examination acts as an internationally recognised professional capstone benchmark of quality assurance. BASRaT is the UK regulatory body for the profession of Sport Rehabilitation, with the BASRaT Accredited Register being accredited by the PSA and does therefore closely follow their recommendations and guidelines to ensure the quality of its registrants and offer the highest level of protection for members of the public who are service users. BASRaT is also a member of the international Mutual Recognition Agreement (MRA) in Athletic Training, Therapy and Sport Rehabilitation and must also ensure that its registrants meet these international standards of knowledge and training.

The information that is contained within this handbook outlines the current BASRaT registration examination policies and procedures. It is important that any potential applicant for the BASRaT registration examination has carefully reviewed the content of this document, as well as the associated BASRaT professional documents to best enable themselves to prepare and be successful in this process.

## Aim

The aim of the BASRaT registration examination is to ensure a consistent and internationally recognised standard of knowledge in all BASRaT registrants to offer protection and reassurance to any potential service users.

# Registration examination eligibility

For a potential registrant to be eligible to apply to sit the BASRaT registration examination they must meet one of the following criteria:

- Graduates from a BASRaT accredited higher education programme of study. Graduates are eligible to sit the BASRaT registration examination following the completion of their studies and confirmation from their institutional examination board.
- Graduates from a BASRaT accredited higher education programme of study who are currently studying in their final semester/trimester/term of their final year. Such applicants would not be eligible for the conference of their registration until the confirmation of their completion of their programme of studies from their institutional examination board.
- An international applicant who already hold registration and good standing with a member organisation of the international mutual recognition agreement who has completed their application through CGFNS/ICD. All international applicants must have joined BASRaT as an international member in advance of applying for the registration examination. More information and current member organisations are available [here](#).

## Registration exam structure

The BASRaT registration examination is a theoretical assessment based upon a multiple choice, single best answer format which is in line with international convention within the fields of Athletic Training, Therapy and Sport Rehabilitation.

- The examination will consist of at least 100 multiple choice questions which must be completed within a maximum of two hours from starting the assessment.
- Some questions within the examination may be used for question development and such questions would not contribute towards an applicant's final score.
- The examination is hosted on an online platform and is marked electronically. There is no negative marking associated with an applicant's final score.
- The questions within the examination are based upon the domains of the BASRaT Educational Framework. These would currently include:
  - Anatomy
  - Exercise Physiology
  - Musculoskeletal Assessment
  - Sports Massage
  - Academic Skills
  - Evidence-based Practise
  - Injury Treatment Modalities
  - Principles of Exercise and Rehabilitation
  - Sport Psychology
  - Sports Biomechanics
  - Exercise Prescription for Public Health and Wellbeing

- All question items within the BASRaT registration examination will be structured with a positively phrased stem (question), followed by a selection of four distractors (incorrect answers) and one key (correct answer). The key for each item will be based on a minimum of two peer-reviewed published pieces of evidence.

## Application ethical behaviour

It is expected that all applicants always demonstrate the highest standards of ethical behaviour, including while completing the BASRaT registration examination. Any concern raised of an applicant will be investigated by BASRaT in line with current professional processes.

If an applicant is suspected of attempting to gain an unfair advantage, of gaining an unfair advantage or hindering the completion of the registration examination by another applicant this will be investigated by BASRaT.

By reading and signing the non-disclosure agreement at the start of the assessment all applicants are agreeing to not attempt or successfully disseminate the content of the BASRaT registration examination to others. This would include the solicitation of BASRaT registrants or lapsed registrants to attempt to gain an advantage in the completion of the assessment.

## Registration Exam Outcome and Gaining BASRaT Registration

Following the completion of the BASRaT registration examination via the online examination portal your identified answers will be marked electronically against the identified correct item keys (answers). The use of electronic marking improves the reliability of scoring as well as the speed in which your final score is calculated.

If you are unsuccessful in your attempt at the BASRaT registration examination, you will be notified by email and advised of your next available steps including potential appeals for extenuating circumstances or future reassessment. If you would like to lodge an appeal or raise a concern about the BASRaT registration exam, please submit it in writing to [administration@basrat.org](mailto:administration@basrat.org) who will deal with your concern or escalate it appropriately. You will also receive information on your completion of the assessment, including an outline of areas of the Educational Framework which require further development.

If you are successful in your attempt at the BASRaT registration examination, you will be notified by email and advised of the next steps in completing your registration with BASRaT to become a Graduate Sport Rehabilitator. Successful applicants must complete their registration with BASRaT within two years of receiving their results as per the admission to the register policy or will be required to complete reassessment of the BASRaT registration examination.

In order to complete registration with BASRaT an applicant would be required to supply a copy of;

- Higher education certificate
- Evidence of a valid suitable first aid qualification
- Declaration of good character and health
- Photo ID (Driving License / Passport)

All the above documentation can be submitted via the online renewal application. You can access this by logging into your membership account.

## Frequently Asked Questions

### **How do I apply for the BASRaT registration exam?**

Before applying for the BASRaT registration exam all applicants must be a member of BASRaT. This would include Graduate, International or Student membership. Candidates can then apply for the registration exam via the BASRaT website ([www.BASRaT.org](http://www.BASRaT.org)) and logging into the members area. Please ensure that during this registration process you outline any additional learning needs that may require consideration to enable you to complete the examination. Assessment accommodations will be assessed on a case-by-case basis and will be dependent upon the nature of the additional learning need of the applicant. BASRaT will always support the needs of applicants where they do not impede the aim of the registration process in protecting service users. Once your application has been received and approved you will be emailed details of how and when to log into the BASRaT registration exam platform to enable you to complete your attempt.

### **What if I am unsuccessful in completing the BASRaT registration exam?**

If you are unsuccessful in achieving the required standard in the BASRaT registration exam you will be notified by email and further details including reassessment opportunities.

### **What if something happens and I am unable to sit the BASRaT registration exam after registering?**

BASRaT recognises that sometimes unforeseen events can occur which impact normal daily living. If following registration for the BASRaT registration exam something happens which means that you are unable to sit the exam as scheduled, please contact BASRaT as soon as is possible.

### **What materials can I use to prepare for the BASRaT registration exam?**

While there is currently no preparatory text or materials for this examination, the questions are all based upon the content of the BASRaT Educational Framework document, BASRaT professional documents and all answers based on published evidence. BASRaT would advise all potential applicants to review these documents and materials from their higher education studies.

# Appendix

## **Non-Disclosure Agreement (NDA)**

Before completing the BASRaT registration examination you will be asked to read and sign a non-disclosure agreement. This agreement outlines that the examination is confidential and is owned by BASRaT. It is only made available to you, the applicant, for the sole purpose of attempting to become certified with BASRaT in the professional field and technical areas referenced in the examination domains. You are expressly prohibited from attempting to or successfully disclosing, publishing, reproducing, or transmitting any element of this examination in whole or in part, in any form or by any means, for any purpose, without the prior written permission of BASRaT.